Vancouver metro

Congratulations, Madeleine Thien, on your well-deserved Giller Prize

INSIDE THE CLINTON, TRUMP ELECTION NIGHT PARTIES

metroLIFE

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‘Our core values are being tested’

PHILADELPHIA

Final pitches from candidates and supporters

America now decides what kind of place it wants to be.

The campaigning portion of a momentous, bitter, surreal U.S. presidential election ended Monday with Democrat Hillary Clinton and Republican Donald Trump zipping around the country from morning to late at night to scrap for votes in critical states.

The former secretary of state, senator and first lady showed no sign of complacency in an unpredictable year, playing both defence and offence on a four-rally day headlined by an appearance with her husband, the Obamas, Bruce Springsteen and Jon Bon Jovi at a giant concert rally in Philadelphia — her second rally of the day in critical Pennsylvania.

“I’m betting that tomorrow, America will reject a politics of blame and resentment,” Barack Obama said at Independence Hall. “I’m betting that tomorrow, you will reject fear, and you will choose hope. I’m betting that the decency and the generosity of the American people will win the day. And that’s a bet I’ve never lost.”

Both of the candidates made a case that did not sound, after all these months, like an exaggeration: Tuesday’s vote is a referendum on America’s soul.

Clinton appealed to voters’ better angels.

“We don’t have to accept a dark and divisive vision for America,” she said in Pittsburgh.

“Tomorrow you can vote for a hopeful, inclusive, big-hearted

The real question for us is what kind of country we want to be.

America. Our core values are being tested in this election.”

Trump appealed to voters’ anger. “You have one magnificent chance to change a corrupt system,” he said in Raleigh, “and to deliver justice for every forgotten man, woman and child in this nation.”

Clinton said America needs “more love and kindness.” Trump said America needs to eradicate its “rigged system.”

The last batch of polls suggested Clinton was on track for a historic victory. The woman seeking to become the first female president led by about four percentage points on average and by as many as six points.

More than 70 million Americans are expected to cast ballots on Tuesday, joining more than 40 million who have voted. They will choose between candidates who share a home state and financial privilege but little else. TORSTAR NEWS SERVICE

This is about Canada, too

Tensions highlighted in the U.S. election could head north

Vicky Mochama
Metro | Toronto

Fear has been the soundtrack to this election.

Fear sounds like crowds turning on the reporters sent to cover them. Fear sounds like cries of “Lock her up!” Fear sounds like cable news pundits saying, “That’s just how men speak in locker rooms.”

It is the fear of those who now feel left out of the American Dream in the way that blacks, Native Americans and queers always have been. There is a deep terror that even American power looks different: first, a black man, and now, a woman.

I can’t help but be concerned that the same elements that propelled Donald Trump are sitting just under our noses: a distrust of immigrants, a struggling economy, and a bitterness that Canada no longer looks like it used to.

This country is changing.

In the last three years, hate crimes against Muslims in Canada have more than doubled even while overall hate crimes lessened.

The Rebel, a Canadian-based news company run by ex-Sun TV host Ezra Levant, has claimed that most Syrian refugees are fake. A columnist for the Toronto Sun continues to peddle the notion that Maryam Monsef’s recent discovery of her birthplace is a massive lie. (It is not.) Conservative leadership candidate Kelly Leitch has talked of testing immigrants and refugees for “anti-Canadian values.” One of her rivals, Steven Blaney, has also suggested a ban on the niqab for public service workers saying, “We don’t want our country to become like the country they left.”

Canada was once spared the worst of the global economic downturn. But our economy is now faltering. The Canadian oil industry, for example, is experiencing a significant slump.

In the expansion of employment benefits to interior B.C., Edmonton and southern Saskatchewan, almost all of the applicants were men. Compared to 2015, there has been an 11 percent increase in male EI beneficiaries according to Statistics Canada. Clearly, men are struggling.

Entrenched unemployment in once-booming areas like the Alberta oilfields threatens to turn its mostly male workers into a seething political class. Men who felt they had the promise of manufacturing, farming and resource jobs may, rightfully or not, resent being left behind.

Economic distress and racial animus make for dangerous politics.

Like waiting for the West Wing to get onto Netflix, Canada tends to get everything America does only a couple years later.

Sure, I dread that under a still-possible Trump presidency, a wall will be built, that Muslims will be banned, and that women won’t be able to walk safely into the Oval Office.

But here at home, I fear the election’s cruel, racist and anarchic streak may yet head north.

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TOURISM

Province tightens the rules for camping reservations

Jen St. Denis
Metro | Vancouver

The province is rejigging B.C.'s campsite reservation system in an attempt to respond to complaints about reservation reselling and intentional overbooking — including cutting the total number of days campers can reserve in some campgrounds.

There were 46 attempts to resell Discover Camping reservations in 2016, and while overbooking only represented one per cent of all reservations that year, it is increasing, according to the Ministry of Environment.

While people used to be able to book a campsite for 14 days at a time, that will now be cut down to seven days in five busy campgrounds: Martha Creek near Revelstoke, Mount Fernie, Porteau Cove between Lions Bay and Squamish, Loveland Bay near Campbell River and Ellison near Vernon.

In an attempt to slow down the rush of bookings on the first day the reservation system opens, campers will be able to make reservations four months before a campground's first reservable date.

Campers will have to check when each campground opens, although many open in mid-May.

To try to prevent reservation holders from transferring their reservation to someone else, campers will now be required to give one or two permit holder names when they reserve online.

As well, at least one of those permit holders will need to be staying at the campsite.

People who book their reservation seven days before the beginning of a reservation — the minimum number of days in advance someone can make a reservation — will now be unable to change the arrival date. Instead, they will have to cancel the reservation and rebook.

BY THE NUMBERS

46

The number of attempts to resell Discover Camping reservations in 2016

7 days

The new limit for booking a campsite in these busy locations: Martha Creek, Mount Fernie, Porteau Cove, Loveland Bay and Ellison

1 per cent

Overbooking represented one per cent of all reservations in 2016, and it is increasing, says the Ministry of Environment.

Feds reveal plan to protect seas

ENVIRONMENT

Canada to allot $1.5B over five years for ocean conservation

Prime Minister Justin Trudeau stands on the bridge of the Canadian Coast Guard ship Sir Wilfrid Laurier, during a tour of the harbour in Vancouver. DARRYL DYCK/THE CANADIAN PRESS

Prime Minister Justin Trudeau unveiled a $1.5-billion plan Monday to make Canada a "world leader" in ocean protection after a diesel spill on British Columbia's central coast and as a decision on the Trans Mountain pipeline expansion looms.

Trudeau said the money will be spent over five years starting in 2017-18 and includes funding to create a marine safety system, restoring ocean ecosystems, and new methods and research to clean up oil spills.

The government said changes will be seen as early as next year, such as opening a Maritime Rescue Sub-Centre in St. John's, N.L.

While few details were revealed, Trudeau said the funding will strengthen the Canadian Coast Guard, get tough on industry pollution, fund coastal habitat restoration and create legislation to increase responsibility for vessel owners.

The announcement came a day after a barge flipped and sank not far from the site on B.C.'s central coast where a tug ran aground last month, spilling more than 100,000 litres of diesel fuel from its tanks.

> "The ongoing incident at Bella Bella is unacceptable. I know this, you know this, Canadians know this." Prime Minister Justin Trudeau

"The ongoing incident at Bella Bella is unacceptable. I know this, you know this, Canadians know this," said Trudeau, who made the announcement in Vancouver's Stanley Park, right next to Burrard Inlet.

"It's time for a change. As a community we need to protect our magnificent oceans and reopening the Kitsilano Coast Guard base was an important first step."

The federal government looked extensively at what a world-class system would look like, said Trudeau, citing Norway and Alaska as examples.

The plan also sets the stage for the possible approval of the $6.8-billion Trans Mountain pipeline expansion. Trudeau's cabinet is expected to announce a decision on the project by Dec. 19.

THE CANADIAN PRESS

What can you do to prevent falls?

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The Moody Centre Evergreen Line station in Port Moody. MATT KIELTYKA/METRO

Evergreen Line to open December 2

TRANSPORTATION

Long-awaited commuter train ready after years of delay

Matt Kieltyka
Metro | Vancouver

Port Moody Mayor Mike Clay was riding high on the hype train Monday.

Attending a press conference in his city announcing that the long-awaited Evergreen Line will finally be open to the public Dec. 2, Clay didn't bother masking his enthusiasm.

"This is probably the most exciting day we've had here in 150 years or so," Clay proclaimed. "This has been a long time coming for the Tri-Cities and we're very excited. This is going to transform our community, it's going to help our young people get back and forth from jobs elsewhere in the region where they've had difficulty commuting, it's going to get us around socially and help us expand and bring more people out to the Tri-Cities."

The $1.43 billion expansion of the SkyTrain system extends the network by 11 kilometres, with trains connecting Coquitlam City Centre through Port Moody to Lougheed Town Centre, where it connects with the existing rapid transit network.

Once it opens next month, TransLink says the SkyTrain will regain its title as the world's longest automated rapid transit system.

As Clay said, it's been a long time coming.

The line was originally planned to open in 2009, but was leap-frogged by the Canada Line to coincide with the 2010 Winter Olympics.

Multiple delays pushed the project's completion date to 2014, then 2016 and into early 2017.

But with construction now officially complete and operations handed off to TransLink — which has begun running trains along the Evergreen Line as part of its pre-launch tests — the start date has been bumped up slightly to ensure a 2016 opening.

TransLink spokesperson Pamela Findling says the transit authority is still planning the exact timing of Dec. 2's opening and community celebration events.

"Opening the Evergreen system is a huge task and we're getting ready now with the focus on ensuring a smooth transition for our customers right from Day One," she said.

There will be attendants at each of the six new stations helping people navigate the system and adjust to new bus connections.

A public awareness campaign, including posters, media advertisements and online videos, has also launched to let people know about the changes.

More details will be announced in the coming weeks, Findling said.

The Evergreen Line is expected to carry up to 70,000 a day by 2021.

"This has been a long time coming for the Tri-Cities."
Mayor Mike Clay

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Ruth V, Ontario

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Where to watch the circus end

POLITICS

When it comes to U.S. election Vancouverites have options

Jen St. Denis
Metro | Vancouver

As the United States nears the marathon finish of a brutal election campaign, there are plenty of Vancouver watering holes ready to offer you a place to drown your basket of deplorables alongside your fellow nasty women and bad hombres.

But if you actually want to vote in the election — albeit at a cost of $150 — you can head to the American Chamber of Commerce in Canada's election-night party atop the Fairmont Hotel Vancouver.

The group's Pacific chapter has only been around for three years, but they're pulling out all the stops to create the most CNN Spin Room-like atmosphere in Vancouver. The election night event will feature multiple television screens, political scientists and analysts, and a pollster who will give updates throughout the evening — along with a Dixieland band and a spread of American food. Visit amchampacific.com/events for more information. Attendees will be able to vote in an "unofficial ballot" and win a Tesla for 24 hours.

"It's really about watching history in the making, because it's such a truly remarkable event," said Maria Rajanayagam, chairman of the board for the American Chamber of Commerce in Canada.

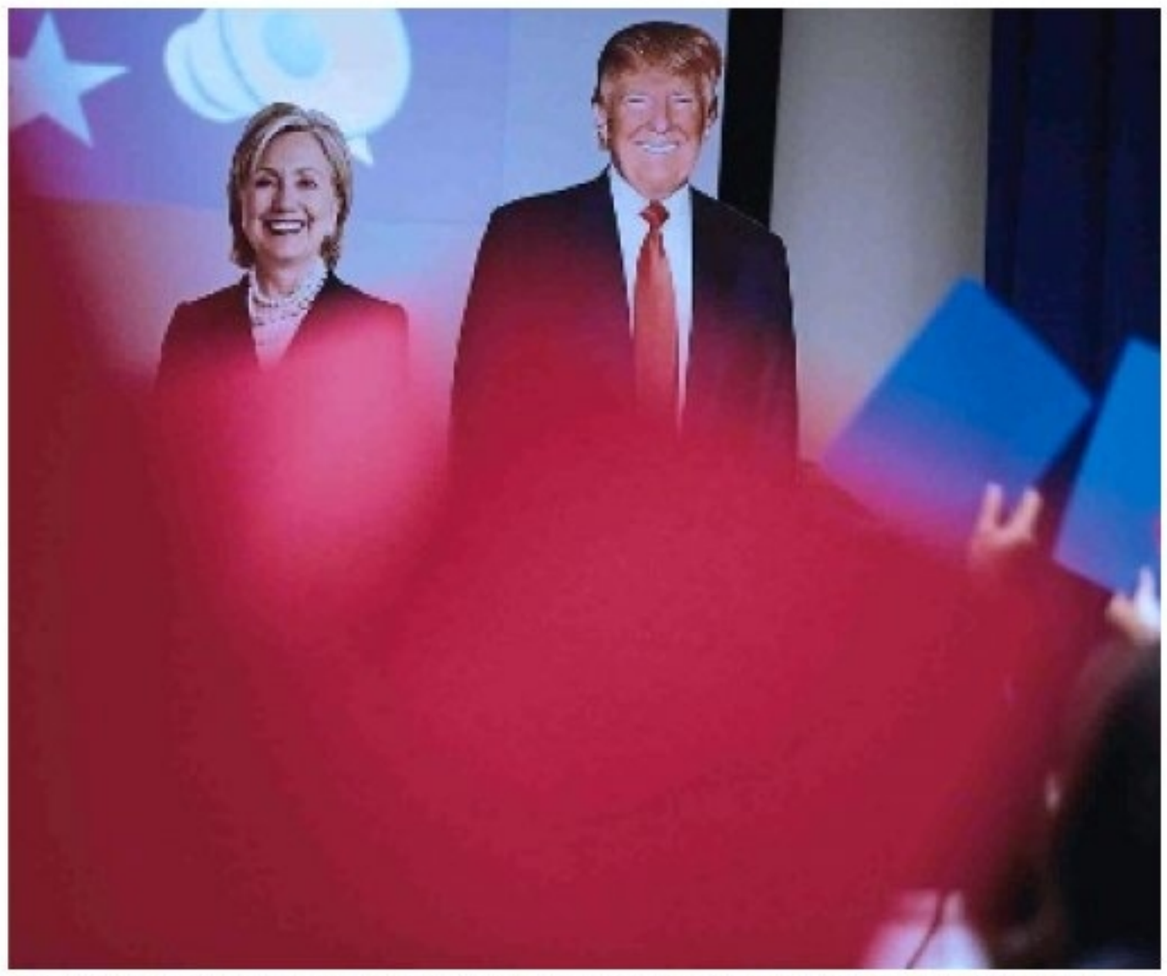
Around 270 tickets to the event have already been sold, with another 35 still available. The U.S. Consul-General, Lynne Platt, will be in attendance, as will B.C.'s Minister of International Trade, Teresa Wat, and former Attorney General Wally Oppal. Rajanayagam (who is a Canadian citizen) guessed that most of the Canadian business people who will make up the bulk of the attendees on Tuesday night will be rooting for Hillary Clinton to win.

"With a Clinton administration, it's clearly … a lot more trade-friendly, and with the U.S. being Canada's largest trade partner, that's huge for us," she said. "They're our largest consumer. We need to be able to access those markets."

OTHER VENUES

Where else to watch the U.S. election in Vancouver

- **Rio Theatre, 1660 East Broadway** The (licensed) Rio Theatre is offering a free viewing of CNN's election night coverage. Costumes encouraged. Doors open at 9 p.m., riotheatre.ca
- **Doolins Irish Pub, 654 Nelson St.** From 5 p.m., doolins.ca
- **The Blarney Stone, 216 Carrall St.** Trivia and ballot games, from 5:30 p.m., RSVP at blarneystone.ca
- **Koerner's Pub, 6371 Crescent Rd. on the UBC campus** Craft brewery tasting and election coverage, 5:30-7 p.m.



University students gesture with red and blue paper in front of life-sized cutouts of Hillary Clinton and Donald Trump during a public viewing of the Oct. 20 presidential election debate at the U.S. Embassy in Tokyo. EUGENE HOSHIKO/THE ASSOCIATED PRESS

Edmonton Polycystic Kidney Disease (PKD) Patient Forum

Join us November 8th

Edmonton PKD Patient Forum
November 8, 2016
7:00 p.m. until 9:00 p.m.
The Westin Edmonton
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Polycystic kidney disease (PKD) is one of the most common life-threatening genetic diseases affecting Canadians and can result in the growth of cysts that enlarge the affected kidney, destroying its ability to function.

Patients and their loved ones are invited to join this forum to:

- Learn about what a PKD diagnosis can mean for you or a loved one, as well as how PKD can be managed from **Dr. Steven Caldwell, Nephrologist, University of Alberta**;
- Hear about what resources and support systems are available to you and your loved ones from **Jeff Robertson, Executive Director, PKD Foundation of Canada**;
- Have your questions answered during a Q&A period led by Dr. Steven Caldwell and Jeff Robertson; and
- Meet other people living with PKD in your community.

All are welcome to attend!

To RSVP and confirm your participation, please visit:
EdmontonPKDPatientForum.EventBrite.Ca

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Leadership program scores grant

VANCOUVER FOUNDATION

RADIUS Fellowships in Radical Doing receives $105K

David P. Ball
Metro | Vancouver

A leadership training program that sprouted from Simon Fraser University's business school three years ago is set to blossom thanks to a major grant.

The Vancouver Foundation recently awarded $105,000 to the Beedie School of Business's RADIUS Fellowships in Radical Doing for the next three years.

The four-month program, first launched in 2015, accepted 20 participants that year, and 22 last year and starts every February.

Participants in this year's RADIUS Fellowship program hold numbered cards to ask for support for their change-making or entrepreneurial pitches, at an annual public event called concAUCTION. COURTESY JACKIE DIVES (JACKIEDIVES.COM)

"We're looking for the up-and-coming next generation of people who sense the world needs to take a different direction," explained RADIUS' lead educator, Tamara Connell, "one that's more sustainable, just and resilient.

"There's space for a whole bunch of different players in change-making."

Those players, Connell believes, include both non-profit, private and public sectors.

"When I think of change," she said, "we absolutely need activists and businesses, we need policy makers, funders, cheerleaders, community organizers, volunteers and non-profit leaders.

"The fellowship is open to anyone on that spectrum."

RADIUS stands for "Radical Ideas Useful to Society," Connell noted, and its website describes it as "social innovation lab and venture incubator."

Its annual fellowship program is accepting applications until Nov. 26.

The organization launched the fellowship in "response to a confluence of trends affecting the millennial generation," according to its website — including precarious employment, environmental and social crises, and a sense of loneliness and isolation.

"Vancouver's a tough market and an expensive city; it's hard to make a living and still make an impact doing what you want to do," she explained.

"A lot of our work in RADIUS is around social enterprise: how to do good in the community while still running a business.

"Not everything can generate an enterprise solution — RADIUS engages people from a variety of backgrounds and a variety of approaches ... You never know where you're going to find the next best idea."

> We're looking for the up-and-coming next generation of people who sense the world needs to take a different direction.
> Lead educator Tamara Connell

CHECK IT OUT

- For more information on the RADIUS Fellowship program, visit www.radiussfu.com.
- The RADIUS annual fellowship program is accepting applications until Nov. 26.

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Accused killer silent

CRIMINAL COURT

Crown calls it a tactic to obstruct legal process

A man accused of fatally stabbing a 13-year-old girl at a high school in Abbotsford sat motionless and was unresponsive during a video appearance in court on Monday.

Gabriel Klein, 21, didn't answer when a judge asked him questions and was impassive as the Crown discussed his case. Klein could be seen on a monitor seated in a wheelchair with his head cocked to the side, wrapped in a blanket that revealed his bare shoulders.

He appeared via video link about an hour later than scheduled after initially refusing to participate. Last Wednesday, the court heard that Klein wouldn't leave his cell to stand before a judge.

Klein faces one charge each of second-degree murder and aggravated assault.

Letisha Reimer, 13, a Grade 9 student at Abbotsford Senior Secondary School, died after an attack in the school's foyer last Tuesday. A 14-year-old girl whose name is protected by a publication ban was also injured.

Police and school district officials have said a homeless man walked into the school and attacked the girls before staff confronted and restrained him. The accused did not have a connection with the girls and the attack appeared to be random, police said.

Crown attorney Rob Macgowan said Klein's unwillingness to engage with the court appears to be an intentional attempt to obstruct the legal process. THE CANADIAN PRESS

Letisha Reimer, 13, a Grade 9 student at Abbotsford Senior Secondary School, died after an attack in the school's foyer last Tuesday. FACEBOOK-IN LOVING MEMORY OF LETISHA REIMER/HANDOUT

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LASQUETI ISLAND

Community praised for green energy use

David P. Ball
Metro | Vancouver

Rain's in the forecast all week on the B.C. coast, but that didn't stop off-the-grid Lasqueti Island from basking in the sun Monday.

That's because the northern Gulf Islands community of 425 people — which has relied on generators for years — won Clean Energy BC's Community of the Year award for turning its school and health clinic solar-powered.

"You don't always have to look to the big cities to find leadership on renewable power," said the renewable energy industry association's executive director, Paul Kariya, in a statement. "Thanks to the 'free fuel' provided by the sun, tiny Lasqueti Island will save its school district $400,000 over the life of this project."

The recognition came during this week's annual conference of Clean Energy BC, which is marking its 25th anniversary for "leadership in fighting climate change and reducing fossil-fuel dependence."

Lasqueti Island, which can be reached by ferry from near Parksville, B.C., earned its nod thanks to efforts to cut the community's two-room schoolhouse's reliance on generator power — and onto photovoltaic solar panels.

Local parent Doug Hopwood helped spearhead a fundraising campaign alongside False Bay School's head teacher, Reid Wilson, and "dozens of students," the statement noted.

"The young people of our community ... have held this dream and carried it forward since they set off on a fundraising hike all the way back in 2009," Wilson said upon receiving the award, according to the statement.

The effort led to the installation of a five-panel solar array at the school this spring, totalling 42 kilowatts, thanks to which the school hopes to save 10,000 litres of fuel from its generator a year — a nearly two-thirds reduction in fossil fuel consumption.

Clean Energy BC estimated the initiative has reduced carbon emissions by 28 tonnes every year.

The industry association, which was founded in 1991 as the Independent Power Producers Association of B.C. until being renamed in 2010, represents "local, small-scale, clean-power producers" across B.C.

IN BRIEF

Challenge on feds revoking citizenship fails in court

A case brought by the Canadian Association of Refugee Lawyers and the B.C. Civil Liberties Association has been dismissed.

The two advocacy groups had sought a blanket stay of a section of the Citizenship Act, which allows the federal government, without a hearing, to revoke the citizenship of people deemed to have misrepresented themselves.

The groups had argued the provision could potentially ensnare Democratic Institutions Minister Maryam Monsef, who discovered last month that she was born in Iran, not Afghanistan as she'd believed.

The law is being challenged as unconstitutional but until that case is settled, the Federal Court has been systematically granting stays to those who apply for them. THE CANADIAN PRESS

Natan Obed, president of Inuit Tapiriit Kanatami, is no stranger to intergenerational trauma. THE CANADIAN PRESS

End sexual abuse: Inuit

INDIGENOUS ISSUES

Federal leaders asked to stand up to protect children

Prominent Inuit politicians are urging Canada's leaders — indigenous and otherwise — to protect children from the scourge of sexual abuse and suicide running through indigenous communities, saying no child deserves to have their innocence stolen.

The head of Canada's national Inuit organization says it is incumbent upon all leaders to proclaim that abuse in indigenous communities is unacceptable.

Natan Obed, president of Inuit Tapiriit Kanatami, is himself no stranger to intergenerational trauma; his own father struggled with alcoholism after falling victim to sexual and physical abuse at residential school.

Children deserve the right to live happy, healthy childhoods and to fulfil their potential, he added.

"We need to do more to keep our children safe," Obed said.

Independent Sen. Murray Sinclair, the chairman of the Truth and Reconciliation Commission that explored the depths of Canada's residential school legacy, said data is sorely lacking that could point to the magnitude of the problem inside indigenous communities.

Sexual abuse has gone beyond residential school survivors, their children and grandchildren, said Sinclair. The cycle of abuse has infected subsequent generations, he warned. Children are abusing each other across generations; members of street gangs are victimizing young girls; and women are being hauled into the sex trade.

Mental health resources to address the issue and research possible connections to the alarmingly high number of indigenous suicides are sorely lacking, especially in Canada's far North, Sinclair noted.

THE CANADIAN PRESS

MONTREAL

Trove of First World War artifacts lies tucked away

The book is labelled A Soldier's Diary, and its century-old pages tell a story of the Great War that might otherwise have been forgotten.

The First World War relic once belonged to a Montreal private named Clarence "Buster" Booth of the Victoria Rifles and was actually forbidden for soldiers.

"Diaries were not actually permitted, they were illegal, and the idea was that if you were ever captured ... you could accidentally give information to the enemy," explained Caitlin Bailey, curator of the Canadian Centre for the Great War. "But pretty much everyone kept some sort of notebook."

The diary is one of the nearly 5,000 First World War artifacts collected over nearly three decades by Montreal businessman Mark Cahill. Some of the massive collection is on public display, tucked away on the second floor of Cahill's company's offices in a refurbished factory.

THE CANADIAN PRESS

OVERDOSES

Experts call for national opioid strategy

Canada needs a comprehensive national strategy to curb rampant overprescribing of opioids and to reduce escalating numbers of deaths caused by overdoses of the powerful narcotics, addiction experts say.

Writing in Monday's edition of the Canadian Medical Association Journal, Dr. Benedikt Fischer of the Centre for Addiction and Mental Health (CAMH) and co-authors say an estimated 2,000 Canadians died from opioid overdoses in 2015, and many provinces are on track for an even higher number of deaths in 2016.

"It's a real public health disaster," Fischer said.

In a separate report Monday, the Toronto centre urged Ottawa to launch a review of all prescription painkillers sold in Canada and said high-dose opioid medications should be pulled from the market. Other recommendations include:

- Developing and enforcing guidelines for prescribing opioids only in exceptional cases.
- Prescribing opioids in limited dosages and for a limited duration.
- Establishing real-time electronic prescription monitoring systems across Canada.

"It is late — but not too late — to move toward reducing the toll of opioid overuse," Fischer said.

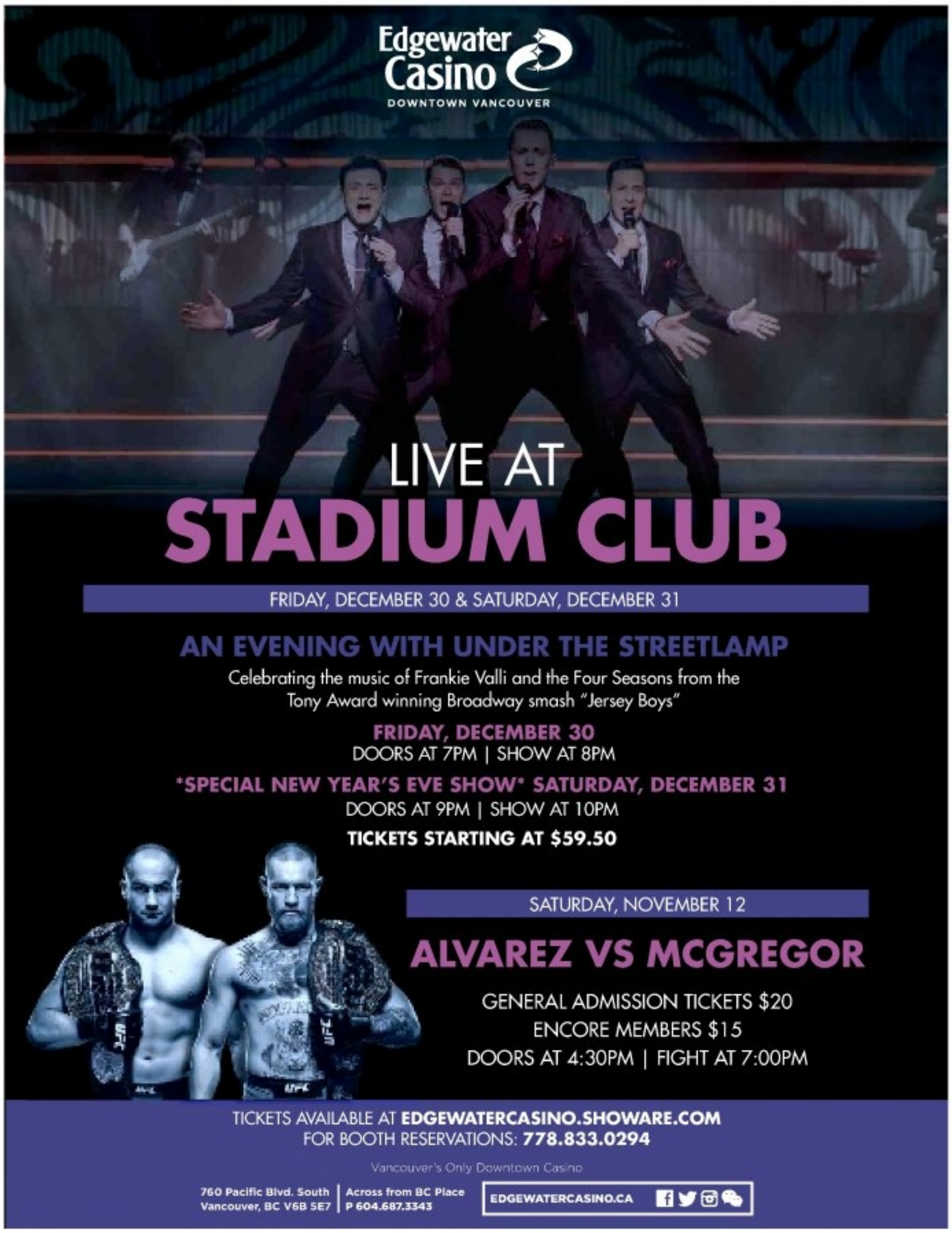
The federal government is holding a summit on opioids in Ottawa on Nov. 18, which will include addiction experts and organizations such as CAMH.

THE CANADIAN PRESS

DRUGS THAT KILL

According to a new study by Dr. Benedikt Fischer of the Centre for Addiction and Mental Health (CAMH), increasing numbers of Canadians are dying from opioid overdoses annually:

- **Up to 2,000 in 2015** from opioid overdoses
- **Up to 20,000 in the past decade**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New Orleans: A parallel universe

Rosemary Westwood relocated from Canada to the United States in the midst of the most unusual presidential election ever. She chronicles her observations in a weekly column for Metro.

New Orleans, LA delegate Sylvia Crier cheers during the fourth day of the Democratic National Convention in Philadelphia, Pennsylvania. GETTY IMAGES

The most striking part of New Orleans amidst the climax of this super-sized election is the silence.

You would think Trump and Clinton would be on the tip of many tongues. Here, they just aren't. Not in bars, not in restaurants, not in the streets or shops.

Sure, there are TV ads with a bad Clinton impersonator wielding a chainsaw over a computer or a mix tape of offensive Trump clips paid for by Louisiana Democrats. There's the odd Trump/Pence sticker on pickup trucks. There's even a conspiracy theorist Uncle Sam character in the tourist-packed French Quarter selling "Hillary for 2016" bumper stickers.

But average folk here seem in a parallel universe. You'd hardly know there was a choice to be made at all.

"They're depressed," said the man behind the counter at Verti Marte, home of perhaps the best muffuletta sandwich, who agreed election banter was scarce. "They think Hillary's gonna lose.

"Normally I trust the polls, but this time I think they're wrong," he went on. "I look at the rallies. Obama had tens of thousands. Trump's got tens of thousands. Hillary's got nobody."

To my appalled face, he responded: "It's gonna be alright, baby. Trump's gonna create jobs. You'll see."

A New Orleans born-and-bred taxi driver turned out to be one of those fence-sitters you keep hearing about but can't imagine actually existing.

"I'll probably flip a coin," he told me. Then later: "I'll let the wife decide."

About 319 million people live in the U.S., and, out of all of them, "people can't believe these two are it," he said, explaining the disinterest. "I don't care for Trump, and there's something about Hillary. I never liked her."

But on Sunday, the Catholic priest at St. Louis Cathedral ended mass, as many church leaders across the country undoubtedly did, by urging his congregants: "Please, I am begging you, exercise your right to vote."

"Take your Catholic faith into the booth," he asked, an enigmatic request, given the fact that the only Catholic on the presidential ticket is pro-choice Hillary's VP pick, Tim Kaine.

On Facebook, in American cities further from the libatious, laid-back New Orleans, friends of mine complained they'd been having sleepless nights.

In the era of Brexit, in a country where former KKK leader David Duke can run for the Senate and land a spot on a legitimate Louisiana debate stage, in a world that has birthed this particularly bloated, infectious iteration of Donald Trump, the waiting — the suspense — is terrifying.

I, myself, am deeply worried.

Pastors rallying the vote

At church services, in rallies and on social media, black pastors urged congregants to vote, hoping to inspire a late flood of African-American turnout that could help propel Democrat Hillary Clinton to victory in critical swing states on Tuesday.

On the final weekend of the presidential campaign, a pastor in Detroit spoke of voting and citizenship. In Philadelphia, the minister reminded congregants others had died for their chance to cast a ballot. The Rev. Jesse Jackson spoke to a few hundred people in front of City Hall in Tallahassee, Florida, before they marched a block over to the county courthouse to vote early.

Along with women and Hispanics, African-Americans are seen as critical to Clinton's chances against Republican Donald Trump. However, early voting data from key states indicate turnout will not be as high this year as it was four years ago, when Barack Obama, the nation's first African-American president, was on the ballot. Sunday's efforts were aimed at minimizing that decline.

Bishop T.D. Jakes, pastor of the Texas megachurch The Potter's House, tweeted on a red, white and blue backdrop: "Make sure your voice is heard. Vote on Nov. 8."

"Preachers are trying to strike a moral nerve and somehow penetrate the fog of indifference," said the Rev. James Forbes, retired pastor of The Riverside Church.

"These are very crucial times to a nation with so much anger, so much anxiety about the future," Forbes said. Forbes has been travelling the country to mobilize voters. He and other pastors have taken pains to emphasize they were not endorsing a candidate, but it was hard to mistake some remarks Sunday that signalled a deep opposition to Trump. THE ASSOCIATED PRESS

Canadian political women hope for a female president

Kim Campbell has made no secret about who she would prefer to see win the U.S. presidential election.

The former Progressive Conservative prime minister has been vocal in her distaste for Republican candidate Donald Trump, who she views as unqualified, untruthful and undermining democratic institutions in a world where many countries still strive for peace and security.

Campbell would welcome a victory by Democratic candidate Hillary Clinton. And she thinks Americans electing the first woman U.S. president would send a remarkable signal around the globe that yes, women really are up for the job.

"The landscape from which people get their sense of how the world works is a very powerful influence," Campbell said.

Liberal Sen. Mobina Jaffer said she saw this kind of effect in action soon after she became the first Muslim and first person of South Asian descent to be named to the upper chamber in 2001.

Jaffer said she remembers walking along an Ottawa street when a young Afghan girl approached her and learned she was a new senator.

"And she said, 'Well, if you can become a senator then I can become a prime minister.'"

Liberal MP Julie Dzerowicz said that kind of validation is needed, even for women who have already been elected to office. THE CANADIAN PRESS

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EMMA TEITEL ON PRINCE HARRY'S NEW LOVE

What's so special about one heterosexual interracial couple? Not much, until you consider the British monarchy's long and checkered history of bigotry.

Who knew that Prince Harry, the seemingly daft but cute British royal prone to donning Nazi apparel and walking around in the buff, would be the guy to finally usher his noble brood into the 21st century?

And yet it's true. News emerged recently that Prince Harry is dating American actress Meghan Markle, who unlike the relentlessly Caucasian British monarchy, hails from a mixed-race background. Markle's mother is African American; her father is white.

No big deal, you might be thinking. Welcome to 2016, where interracial unions are more common than ever before. Besides, as far as stories about diversity and representation go, there are far more interesting ones floating around right now than "When Harry Met Meghan". Cover Girl just named its first Muslim brand ambassador, Nura Afia, who wears a hijab; the National Women's Hockey League welcomed its first openly transgender player; and DC comics recently launched Midnighter and Apollo, the first mainstream comic to star a pair of same-sex, crime-fighting, superhero lovers. What's so special about one heterosexual interracial couple compared to all of that?

Not much, until you consider the British monarchy's long and checkered history of royal bigotry. A mere half-millennium ago, in 1596, Queen Elizabeth I of England, free-spirited daughter of Anne Boleyn and Henry the 8th and patron of Shakespeare, wrote a letter to the mayors of several English cities complaining that too many black people had begun showing up in the country. (She subsequently also requested that they be deported, although she made no noise about building a wall.) Of course this was the 1500s, when, we're led to believe, you didn't have to be royal to be racist. For more recent proof, let's fast forward back to 1986, and eavesdrop on Prince Philip, Duke of Edinburgh, warning a group of British exchange students in the Chinese city of Xi'an that if they stayed in China any longer they'd become "slitty-eyed." (Prince Philip later double downed on the comment, alleging that nobody in China seemed to mind the remark, so why should anybody else?) And who can forget Princess Michael of Kent's infamous New York restaurant tantrum of 2004, when the Princess (wife of Prince Michael of Kent, a cousin of today's Queen Elizabeth) allegedly told a table of African-American diners, who she felt were having too good a time, to "Go back to the colonies."

MONOTONE MONARCHY? Prince Harry has been linked to Toronto-based Suits actor Meghan Markle, who is biracial — and that's still a big deal for the royal family, Emma Teitel writes. Here they are wearing suspiciously similar bracelets.
GETTY IMAGES/MEGHAN MARKLE INSTAGRAM

In tolerance terms, in short, the royals have been, as the kids these days like to say, a "problematic" lot.

But their youngish progeny: William, Kate, and yes, even Harry, are conversely, kind of cool. They are modern. Prince William, echoing his late mother Diana's gay-friendly bent, became the first British royal in history to appear on the cover of an LGBT publication (Attitude Magazine). And Prince Harry, while perhaps not the sharpest tool in the shed, seems to have come along way since the Nazi costume incident.

My intention here isn't primarily to give terrifically privileged white people props for being less bigoted than their ancestors, but to point out that this progressive shift in the mindset of England's royal family may one day open the doors of Buckingham Palace to all different kinds of suitors. Thanks to examples like Prince Harry and Meghan Markle, the role of romantic partner of a prince or princess, one previously reserved for white heterosexuals, is expanding, surely, if slowly.

Personally, I've never been able to fully commit to royal fascination; I always suspected that were Prince George to grow up to have more in common with Boy George than King George, he'd probably be asked by the familial powers that be to keep quiet about his sexual proclivities.

But if Harry marries Meghan in the next decade or so, maybe not. And come three or four more decades, we may all have a shot — colour, creed, and orientation be damned — at shacking up with members of one of the richest, and certainly most exclusive, clans on the face of the planet.

Sure, worshipping royalty — an archaic, regressive and criminally extravagant private club — is probably as illogical as it is embarrassing. But as soon as the possibility arises however tiny — that you too might one day be asked to join, it's funny how reasonable and necessary that private club can start to look.

This progressive shift in the mindset of England's royal family may one day open the door of Buckingham Palace to all different kinds of suitors.

Emma Teitel is a national affairs columnist for the Toronto Star.

An open letter to Trump supporters: Keep all of your beliefs, except one

URBAN COMPASS
Petti Fong

Dear Trump Supporter,

No arm-twisting. No trying to convince you at this late date to change your vote or stay at home instead.

Yet before we drop the matter entirely, consider a final offer. But first, here are all the things you can keep:

You can keep your anger that the American Dream is not what you were told it would be.

Keep your belief in brute force law and order, and in a statement written 225 years ago that you think should take precedence over civil rights, civil liberties, gun control and unarmed victims.

You can even be upset that certain segments of the population are able to milk the system while you work as hard as you do in order to survive.

You can keep your anger that the American Dream is not what you were told it would be.

Keep your feelings of how unjust it is that you have to pay for health care while others get their medical expenses paid for by taxpayers like you.

You get a pass for wondering why jobs are going to people who didn't have grandparents who grew up in the United States. You're not racist. You simply long for an America that you wish existed.

You can also keep your views that we — liberals, women, Muslim, Mexicans — should all toughen up and be less politically correct. Keep speaking about how you feel as if we're all in a giant locker room.

Trump supporter Paul Barrick of Atlanta, Georgia, agrees that America the day after the election will be very different. He can keep his views that if the other candidate wins, his America will move towards single-payer health care, a media with influence over the government behind the scenes and mass corruption in the government.

"There will also be an increase in terrorist activities and blatant aggression against the U.S. and much of North America from Russia and China," Barrick said in an interview with Metro before the election.

Keep all those beliefs, Trump supporter. In the Canadian part of North America, if there is aggression from Russia and China, we'll know soon enough.

But here's the deal and what you can't keep: the belief that your candidate is acting in your interest. Keep all your beliefs, but don't believe that one man can bring validation to them.

If the rest of the world is asking tomorrow "America, WTF?" then it's time to reconsider every single thing we said you could keep.

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New York Giants pull off awesome 'mannequin challenge,' the latest craze sweeping the internet

BREAKING BARRIER JAVITS

Hillary Clinton is gearing up for a humongous party in the biggest venue in New York City — the Jacob Javits Center. It has a glass ceiling, which some suggest is symbolic for Clinton's attempt to break the ultimate barrier and become the first woman American president.

The Clinton camp's other election forecast is for bright skies — lit by fireworks over the Hudson River. Clinton's guests will include friends, family, invited lawmakers, selected members of the news media and a few lucky members of the public determined ahead of time. There will be no general admission for the public.

Barring a voting mishap, the first round of champagne glasses (for either candidate) will likely be filled around 7 p.m. ET, when the first states, Indiana, Kentucky as well as a very big swing state, Florida (with 29 electoral votes) close their polling stations.

Contrast in Election Day parties

The presidential candidates' Election Day celebrations might reflect their confidence in the outcome of the contest. Both will be in New York City, but each has rather different festivities planned.

AMANDA MIKELBERG/METRO NEW YORK

INVITATION ONLY HILTON

In contrast, the usually extravagant Republican nominee Donald Trump has reportedly planned a more reserved election night gathering at the Hilton New York ballroom. The space is decidedly less fancy than the Trump Tower atrium. It would have been ill advised to hold it there, because it's a privately owned space, and the city had already fined Trump $10,000 for holding campaign events there, New York Magazine reported. A source told the magazine that Trump's party will be "relatively small" because Trump is "superstitious."

"The event is invitation-only for friends and supporters of the Trump-Pence campaign," according to a news release.

As for Trump's fireworks, he's fresh out, since last Wednesday he both entered and exited a rally in Florida with the explosives.

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PUBLIC CEREMONY

Remembrance Day brings anxiety and stress for soldiers

A day some veterans would like to avoid

Many soldiers with mental health issues stemming from military service say Remembrance Day is a difficult day and can often lead to stress, anxiety and unwelcome triggers. ISTOCK

After returning from Rwanda, retired lieutenant-general Romeo Dallaire avoided Remembrance Day "like the plague."

The prospect of donning his uniform for a public ceremony, or even watching a televised parade, was too much after witnessing countless atrocities during that failed peacekeeping mission.

"I had lost soldiers under my command, I had seen soldiers grievously injured under my command, I had seen soldiers lose their mind under my command. And I avoided that day like the plague. At best — at best — I might watch it on TV," says Dallaire, who was dismissed from service after that mission because of resulting depression, anger and suicidal thoughts.

"One year, the CBC in French had me do a play-by-play and I said, 'I'll never do that again.' It was just so tormenting."

For most Canadians, Remembrance Day is a time for gratitude, reflection and expressions of national pride. But for many soldiers and veterans scarred by trauma, it's a time of anxiety, stress and unwelcome triggers.

Those experienced with treating mental health issues stemming from military service say they often see these anxieties in those who have not adjusted well to life after a tour of duty. Their ability to handle Nov. 11 generally corresponds to the experiences they had with the military, how much support they receive from friends and family, and what, if any, treatment they are offered upon return.

Dr. Ruth Lanius notes the day can be especially difficult for those battling post-traumatic stress disorder, a condition marked by recurrent memories of a stressful event, nightmares, and severe emotional distress or physical reactions to any reminders of war-time trauma.

Even though well-meaning citizens organize these events to recognize sacrifice and offer gratitude, a damaged soldier might find the hoopla only increases their survivor's guilt, or highlights their perceived failures.

"I've seen veterans who it's taken years for them to be able to attend a Remembrance Day ceremony because it triggers them so much and it brings back their own memories," says Lanius, speaking from London, Ont.

How to handle that stress varies from person to person, she adds. While it might be important for some service members to work through that anxiety and learn to embrace Remembrance Day, that might be too overwhelming for others.

"In some cases it can also be experienced as a tremendous relief because it makes them feel closer to some of their buddies that they've lost in war," she says. "I met one man last year who hadn't been able to attend in years and this was the first time he'd been able to attend. Even though I think it caused a lot of emotional distress for him, I think it really also led him to experience a sense of mastery for having been able to attend after such a long period of time."

> **I avoided that day like the plague.**
> Romeo Dallaire

Dallaire recalls how his own soldier father, who commanded an infantry regiment in the Second World War, would grudgingly participate in the Remembrance Day parade.

"And he hated it. Because if there's a time when those that you saw suffer, those that you saw die or injured come back to life in a haunting way, it is that day, during those ceremonies," says Dallaire, who outlines his battle with PTSD in Waiting for First Light: My Ongoing Battle with PTSD, co-written by Jessica Dee Humphreys and published by Random House Canada.

THE CANADIAN PRESS

CHINESE CANADIANS WERE BANNED FROM PUBLIC POOLS SO THEY HAD TO LEARN SWIMMING ON THE BATTLEFIELD.

Before WWII, many Chinese Canadians were not allowed in public pools. So when a group were being prepared for commando warfare and jungle survival, the hardest thing for them to learn was how to swim. But learn they did. In the end, they could make it to shore in complete silence, lugging up 50 lbs of gear over 5 kilometres. For more stories on the unsinkable spirit of Chinese Canadians, visit our museum inside the Chinese Cultural Centre, 2nd floor, 555 Columbia Street, Vancouver. www.ccmms.ca

CHINESE CANADIAN MILITARY MUSEUM

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metro SPORTS

"As long as it's clean ... I think it's acceptable": Nazem Kadri isn't apologizing for Saturday's blindside hit on Canucks winger Daniel Sedin

Losses piling up

NHL

Canucks fall to 0-8-1 in last 9 games with latest setback

Cal Clutterbuck of the Islanders scores past Canucks goaltender Ryan Miller in New York on Monday night. FRANK FRANKLIN II/THE ASSOCIATED PRESS

MONDAY in New York

4	2
ISLANDERS	CANUCKS

Andrew Ladd and Jason Chimera scored their first goals with the Islanders and helped New York to a needed victory in a finale of a long stretch of home games.

Cal Clutterbuck and Ladd scored 1:39 apart midway through the third period to lift the Islanders over Vancouver 4-2 on Monday night, giving the Canucks their ninth straight loss.

Chimera and Nikolay Kulemin also scored and Jaroslav Halak stopped 30 shots to help the Islanders improve to 2-3-2 in their last seven.

"We had a little bit of puck luck tonight," New York coach Jack Capuano said. "The last few games we played well, we just haven't got results. It's good for the guys to get that feeling."

Ladd and Chimera, New York's top free agent signings in the off-season, had combined for just four assists through the first 12 games.

"It's great for me and Jason, just getting that good feeling to put a couple of pucks in the net," Ladd said. "Sometimes all it just takes is one and build off from there."

The Islanders completed a five-game homestand 2-1-2, bringing their record up to 3-6-2 during a stretch with 10 of 11 at home.

Daniel Sedin and Markus Granlund scored, and Ryan Miller had 28 saves for Vancouver, which fell to 0-8-1 with eight straight regulation losses since opening the season with four wins.

"It's tough. We need some good results," Canucks coach Willie Desjardins said. "It's nice we got the first (goal) tonight, it's been a long time since that's happened... We got one on the power play, and that hadn't happened in a while, either.... We didn't take it away in the third like we needed to."

Sedin opened the scoring as he stole the puck inside the blue line, skated in on Halak and fired it in off the goalie's glove for his fourth of the season at 4:22.

"That was a turnover on their blue line and I was fortunate to get a half breakaway," Sedin said. "It was nice to get the first one, but we need more of those."

The Canucks entered a league-worst 7.7 per cent on the power play (3-for-39) and ended an 0-for-19 skid on their second chance of the night. With 3-1/2 minutes left in the middle period, Bo Horvat got the rebound of his initial shot off the boards and sent the puck back in front of the net, where Granlund fired it into an open cage.

The Canucks are at the New York Rangers on Tuesday night in the fifth game of a six-game trip that concludes Thursday at Detroit. THE ASSOCIATED PRESS

NFL

Graham helps haul in win for Seahawks

MONDAY in Seattle

31	25
SEAHAWKS	BILLS

Jimmy Graham needed only one hand to catch two first-half touchdown passes from Russell Wilson, and the Seattle Seahawks held off a late rally for a 31-25 win over the Buffalo Bills on Monday night.

Seattle won its 11th straight Monday night game behind a huge game from its tight end. Still less than a year removed from a major knee injury, Graham used his right arm to catch a 17-yard touchdown from Wilson on the first play of the second quarter and later used the same arm to cradle an 18-yard TD pass in the final moments of the first half.

But the Seahawks had to hold on in the final seconds as quarterback Tyrod Taylor led the Bills inside the Seattle 10. Taylor was sacked by Cliff Avril on third-and-goal from the 8 and on fourth-and-goal Taylor's pass into the end zone fell incomplete.

Buffalo would not have needed a touchdown if not for mistakes by the officiating crew at the end of the first half that cost the Bills a chance at a shorter field goal. Dan Carpenter eventually missed a 54-yard attempt on the final play of the half, only after Seattle's Richard Sherman got away with an unnecessary roughness penalty that wasn't called and a delay of game caused in part by the officiating crew standing over the ball.

THE ASSOCIATED PRESS

IN BRIEF

Alouettes cut ties with longtime GM Popp

For the first time since the Montreal Alouettes returned to the Canadian Football League 21 seasons ago, they are searching for a new general manager.

Team president Mark Weightman announced Monday that Jim Popp, the architect of three Grey Cup champion teams, has parted ways with the Alouettes under mutual agreement with owners Bob and Andrew Wetenhall.

THE CANADIAN PRESS

'Bones' Jones given one-year ban for doping

UFC interim light heavyweight champion Jon Jones will serve a doping ban until next July after an arbitration panel denied his appeal of a positive test.

Jones was pulled from a July bout against Daniel Cormier shortly after news about the positive drug test.

Jones claimed to have taken a sexual-enhancement pill but ended up testing positive for two banned anti-estrogen agents.

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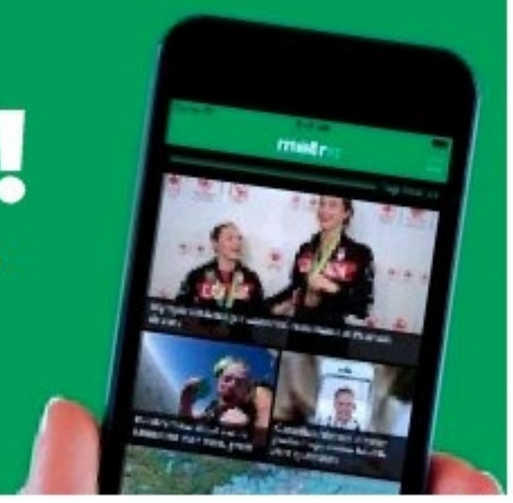

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RECIPE Mushroom Barley Soup

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The soup boasts great, earthy flavours but it's the textures that have us coming back to this dish over and over.

Ready in 30 minutes
Prep time: 10 minutes
Cook time: 20 minutes
Serves 6

Ingredients
- 2 Tbsp olive oil
- 2 or 3 cloves of garlic, minced
1 onion, diced
- 2 medium carrots, peeled and diced
- 2 stalks of celery diced
- 1 lb of cremini mushrooms, brushed clean and sliced
- 2 Tbsp fresh thyme (less if dried)
- 3/4 cup of pearl barley
- 5 cups of stock (vegetable, chicken or beef all work)
- Salt and pepper to taste

Directions

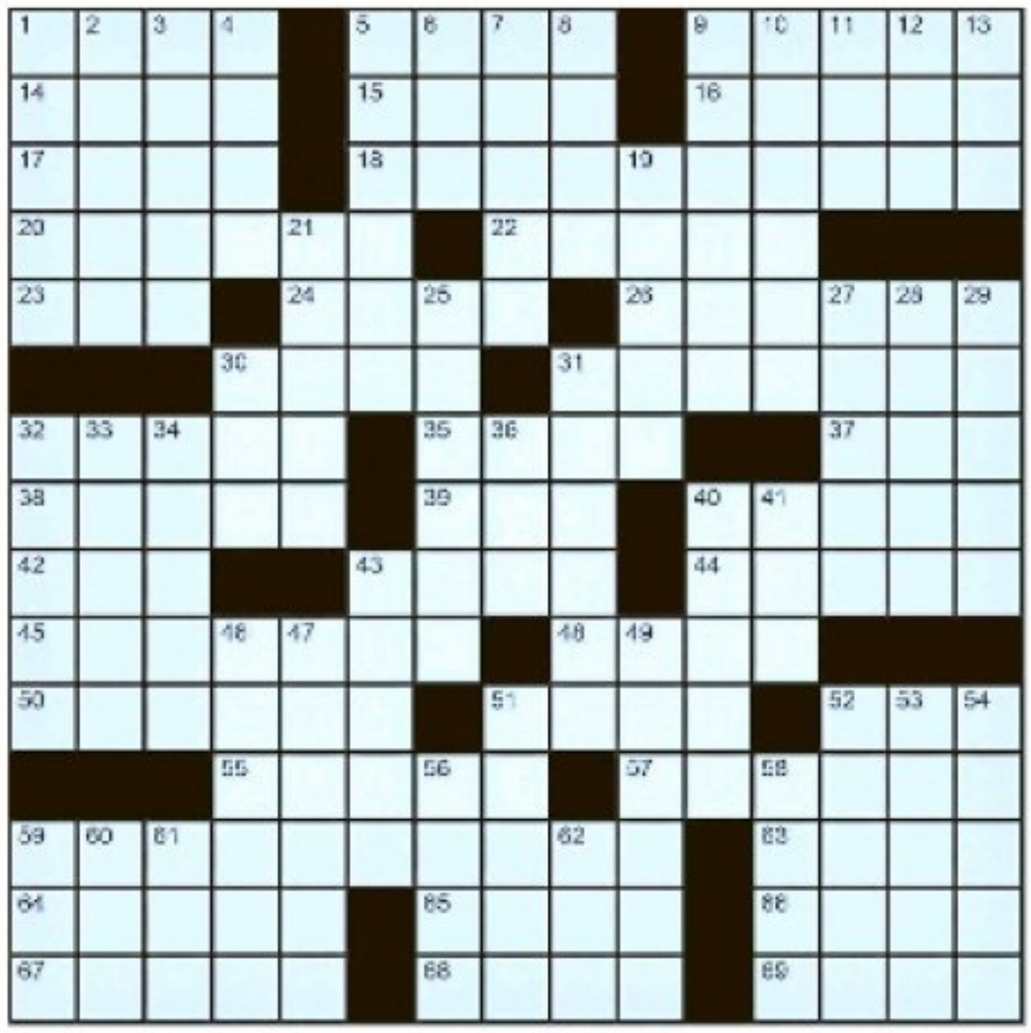
1. 1. In a large pot or Dutch oven warm up the olive oil over medium heat. Add your vegetables and thyme and allow to soften for about 3 to 5 minutes.

2. Add the barley and give it a good stir to coat it. Now pour over the stock and allow to simmer for about 20 minutes until the barley is tender but still chewy. Taste to check seasoning.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. From _ to stern
5. Marsh creature
9. Wagons
14. Record
15. Thus
16. Irish actor Milo
17. Grimm opening part...
18. Canadian actor Raymond Massey's turn as an American President, "_ _ in Illinois" (1940)
20. Confusions
22. Chutzpah
23. Jimmy
24. Inactivity
26. Market merchant
30. Party platter's spreadable pick
31. Ceiling fan, for example
32. Assuage
35. Similar
37. Living longevity
38. Greenish-blues
39. Arrange
40. Insipid
42. Bother
43. Clothing, informally
44. Kicks off
45. Fade, as excitement: 2 wds.
48. "_ it about time?"
50. Monk, for one
51. Comfy
52. Polka's stylish pal
55. Bounded
57. Prehistoric tool
59. Ottawa-born comic actor who starred as a President in "My Fellow Americans" (1996): 2 wds.
63. Go _ detail (Elaborate)
64. Diminish
65. _-Dokie
66. 'Band' suffix (First Aid kit supplies)
67. Communicated like a coyote
68. Shelters
69. Hard to come by

DOWN
1. Chainsawed tree remainder
2. Pig-resembling creature
3. _ glue
4. Eatery's fare listing
5. Cups-and-saucers gift: 2 wds.
6. Royal symbol
7. Insurance company worker
8. Canned fruit brand
9. Curving outward, as certain lenses
10. Upward move
11. 17th Greek letter
12. _. number (Ring!)
13. _ Francisco
19. Dick _, legendary Montreal Canadiens coach
21. Implores
25. Autumn, for one
27. Guitar star Mr. Eddy
28. Liver or kidney
29. Whirls
30. Stovetop sight
31. Is part of the clique: 2 wds.
32. Citric, and others
33. Song segment
34. Los Angeles basketballer
36. Beer _
40. _ drums
41. Appropriate
43. Refine
46. Get wider, as pupils
47. Was a good soldier
49. Some leathers
51. Tend the fire
52. _-_-ling!
53. Beaver-ish looking mammal
54. "_ Were the Days" by Mary Hopkin
56. Exec. _. (TV show gig)
58. Faux-teller
59. Lightly apply
60. Sleeveless garment
61. Official-sounding 'No'
62. Feminine side

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Keep your focus on red-tape matters, like inheritances, taxes, debt and shared property. You will make good headway in these areas this week.

Taurus April 21 - May 21
Remember to get more sleep now, because you need it. The Sun, your source of energy, is as far away from you as it gets all year (in your chart).

Gemini May 22 - June 21
Respect your desire to get better organized. Act on this impulse. Make a to-do list of everything you want to do so that you are more effective, efficient and productive.

Cancer June 22 - July 23
Give yourself permission to play and have a good time, because that is what you want to do. Ideally, sneak away on a vacation. Sports events, the arts, social outings and playful times with kids all have appeal.

Leo July 24 - Aug. 23
Home, family and your domestic life are your focus now. Some of you will be more involved with a parent.

Virgo Aug. 24 - Sept. 23
The pace of your days is accelerating because of your busy, jam-packed schedule. Short trips, increased reading and writing, plus errands and conversations with others will keep you racing.

Libra Sept. 24 - Oct. 23
Your focus on money, earnings and your possessions continues. Respect your moneymaking ideas, because they might be worthwhile. Write them down so that you can assess them later.

Scorpio Oct. 24 - Nov. 22
With the Sun in your sign now, you are blessed. People and favorable situations will come to you. It's your turn to replenish yourself for the year!.

Sagittarius Nov. 23 - Dec. 21
Stay in the wings and work behind the scenes. Set aside some time so that you can make plans for your new year ahead. (Birthday to birthday.)

Capricorn Dec. 22 - Jan. 20
Accept all invitations. Enjoy your popularity, particularly with younger people. This is a good time to define goals and actively pursue them.

Aquarius Jan. 21 - Feb. 19
Now is the time to go after what you want, because people in power admire you. Don't ask why — you can call it "smoke and mirrors," but it's true. Demand the advantage!

Pisces
Feb. 20 - March 20
Do something to broaden your horizons. Sign up for a course, learn something new and talk to people from other cultures. Of course, nothing beats the firsthand experience of travel.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			4	6	7			
		2				6		
	6	5				3	9	
7								2
2								1
	9	6	8		5	7	4	
			5		6			
		1				5		
		8	7	3	9	1		

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9	5	2	3	8	4	1	7	6
8	1	3	7	5	6	9	4	2
7	6	4	9	2	1	8	3	5
3	2	8	6	7	9	4	5	1
6	7	1	2	4	5	3	9	8
4	9	5	1	3	8	6	2	7
1	3	7	4	6	2	5	8	9
5	4	9	8	1	7	2	6	3
2	8	6	5	9	3	7	1	4

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